



# Behavior Planning Simplified: FBA and BIP

**Functional Behavioral Assessment (FBA):** An evaluation to figure out what is causing behavior that is interfering with learning at school. The FBA asks when and why questions:



**Behavior Intervention Plan (BIP):** A formal, written plan that is individualized for the student to use positive and consistent reinforcement to teach expected behavior. The plan helps adults organize their behavior to support, intervene, and teach the child what to do instead.

Each **target behavior** is paired with a **replacement behavior** that serves the same function or meets the need without disrupting education. Adults design ways to teach and reinforce the skill being learned.

Target Behavior	Replacement Behavior
Behaviors most significantly impacting student's access to school	What the student is being taught to do instead
Student elopes from class and leaves school without permission or supervision.	Student uses a break card and goes to a designated space outside the classroom to check in with a trusted adult.
Student crumples up assignments and tosses them across the classroom.	Student asks for adult assistance by using the green, yellow, or red card to indicate the level of urgency.
Student hits peers.	When in conflict with a peer, student takes 3 breaths and then follows a script to resolve the conflict using pre-taught strategies.



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# Planning Worksheet: FBA and BIP

## Key points from the Functional Behavioral Assessment (FBA)

What triggers the student?

What are antecedents to the target behavior: Can we see it coming?

What is a hypothesis (theory) about why the student is doing this behavior: Is there an unmet need?

## Key features of the Behavior Intervention Plan (BIP)

<b>Target Behavior</b> Behaviors most significantly impacting student’s access to school	<b>Replacement Behavior</b> What the student is being taught to do instead

What will adults do to intervene early when a target behavior is showing up?

What will adults do to teach and reinforce the replacement behavior?