



How to Decide on a Post-Secondary Program Worksheet

Fill in your answers to the questions.

Talk with Each Other

What are my abilities?

What are my strengths?

How does my disability affect my learning and ability to show what I know on tests?

What accommodations do I need to be successful?

What postsecondary education or training programs do my teachers and school counselors recommend for my areas of interest?



TALK TOGETHER ABOUT YOUR CONCERNS WITH STUDENT SUPPORT SERVICES

Where is the school located and does that school setting (urban, suburban, or rural) meet my needs?

If I cannot live independently, what is the distance from home?

1. Does the student/instructor ratio ensure I can access office hours with my instructor(s) as needed?

Yes No

Not all programs provide the same accommodations, and colleges do not make modifications to alter academic requirements.

1. Does the program offer the accommodations I need to be successful?

Yes No

2. Are the housing options accessible for my individual needs?

Yes No

Do I require someone to assist with:

1. Self-help (like bathing)?

Yes No

2. Managing my medications and medical treatments?

Yes No

3. Nutrition and hygiene needs (laundry, washing dishes, cooking?)

Yes No

4. Do I have a service animal?

Yes No