

WHAT MAKES YOU - YOU? COMPOSE YOUR CADENCE CALL

■ A positivity boosting activity for military-connected honor of **Month of the Military Child**

My name is

I am years old.

Answer each question with an adjective.

What is your favorite character trait about yourself?

I am .

What is a characteristic that makes you unique?

I am .

How do/does your parent/s describe you?

I am .

How do your friends describe you?

I am .

Read the sentences.

What branch of the military do/does your parent/s serve in? (Army, Air Force, Coast Guard, Marine Corps, Navy, Space Force, Reserves)

Write the answer here.

I am strong.

I am brave.

I am resilient.

I am a military child!

Yeah!

Sound-off! One, two!

Sound-off! Three, four!

Bring it on down.

child!