## Including Health Considerations in the Transition Plan



Parents, students, and everyone on the IEP team should think about how health and healthcare can affect a student's goals for college, work, and living on their own. Use these questions to identify health-related transition needs.

1. Do you understand the immediate and long-term health ramifications of their medical needs?	Yes	□No
2. Can you explain your medical condition in an emergency when medical intervention may be required?	Yes	□ <sub>No</sub>
3. Are you able to plan ahead, such as refilling a prescription?	Yes	□ <sub>No</sub>
4. Can you complete a multi-step process, like planning and preparing meals or scheduling and calendaring medical appointments?	Yes	No
5. Do you think about and remember questions to ask your medical provider?	Yes	☐ No
6. Do you take medications and/or follow a prescribed treatment plan consistently and independently?	Yes	□No
7. Do you know which complications of your disability require immediate medical response?	Yes	□No
8. What transportation options are available for you to attend medical appointments?	Yes	□No
9. Can you implement and maintain prescribed medical equipment?	Yes	□No

The questions marked "No" are identified needs. Discuss your findings and concerns with the IEP team to address through goals and services in the transition plan.

Learn more about Healthcare Transition and Medical Self-Advocacy.