

The planning process to support a student with disabilities toward their adult life plans requires coordination and organization.

1. WHO AM I?

Answers include what the student is interested in, what they are good at, what they struggle with, and how they see themselves.

2. WHAT'S MY FUTURE?

Students can imagine where they might work, whether higher education will be part of their future, and how they might live.

3. HOW DO I REACH MY GOALS?

The answers are a long-term project. A good planning process ensures that work done today moves the student toward their vision for adult life.