

I Am A Military Child



**That means my parent
helps protect the
country.**



**Sometimes, my
military parent has to
take a long trip.**



**It makes me feel a little
sad when my parent
leaves. I will miss them.**



Sometimes, when my parent is away, I have to wait until I can talk to them.



**Another grown-up will
take care of me at
home. We can do fun
things. I can keep a
picture of my parent
close to me.**



I can talk about how I feel with my family or my teacher. They understand that I miss my parent.



When my parent comes home, I will be very happy! Knowing my parent is coming back makes me feel better when they leave.



**Being a military child
isn't easy. But I am very
proud of my parent!**

I am a military child.





STOMP offers virtual workshops across multiple days, two-day in-person workshops and 90-minute webinars throughout the United States and overseas for military families and military personnel of all branches of service.

STOMP welcomes military-connected families and professionals from all branches and statuses. Assignment to the host installation is not required to participate.

Register for upcoming STOMP Workshops and Webinars at <https://wapave.org/stomp-train>.

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