

It's PCS Time



My parent is in the military. Sometimes, this means we have to move.



When the military tells us to move, it is called a ‘permanent change of station’, or PCS for short.



**When we move, I have
to say goodbye to my
house and my friends.**



**Then we have to pack
our stuff in boxes and
I won't be able to get
to things for a while.**



**Moving makes me feel
a lot of feelings, and
some are BIG feelings!**



**But I have my family
with me and our
friends might come
help us!**



**Sometimes moving
can be fun.**



**We might get to stay
in a hotel with a pool!**



When we get to the new house, we have to unpack.



**But I get to set
up my new room!**



**I'm nervous to start at
my new school. I don't
know anybody.**



**I'm going to try and
make new friends!**



A PCS can be scary, but at least I have my family, so I don't have to be scared!



Soon this new place will feel like home too.





STOMP offers virtual workshops across multiple days, two-day in-person workshops and 90-minute webinars throughout the United States and overseas for military families and military personnel of all branches of service.

STOMP welcomes military-connected families and professionals from all branches and statuses. Assignment to the host installation is not required to participate.

Register for upcoming STOMP Workshops and Webinars at <https://wapave.org/stomp-train>.

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