5 STEPS FOR PARENTS TO PARTICIPATE IN THE IEP PROCESS



1. SCHEDULE

Confirm meeting times that work for you. Ask for the agenda and the attendees list. Remember - Parents are required team members too!

2. PREPARE

Gather relevant documents, write down questions and concerns, and list your child's strengths. Consider bringing someone with you!



3. LEARN

Understand the parts of an IEP—like goals, services, and placement. Remember, the IEP is a living program that can be updated anytime.



4. ATTEND

Remember that you have an active voice in the meeting! Ask questions, share your perspective, and help keep the focus on your child's needs and goals.



5. FOLLOW UP

Request a follow-up meeting if needed and stick to the agreed upon communication plan.



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