

# Transition Triangle Worksheet

The planning process to support a student with disabilities toward their adult life plans requires coordination and organization.

## 1. WHO AM I?

Answers include what the student is interested in, what they are good at, what they struggle with, and how they see themselves.

## 2. WHAT'S MY FUTURE?

Students can imagine where they might work, whether higher education will be part of their future, and how they might live.

## 3. HOW DO I REACH MY GOALS?

The answers are a long-term project. A good planning process ensures that work done today moves the student toward their vision for adult life.

[Learn more about Tools for Transition and the Transition Triangle in this PAVE article.](#)

PAVE provides information, training, and support but does not offer legal advice or representation. This content is for informational purposes only and is not a substitute for legal counsel.